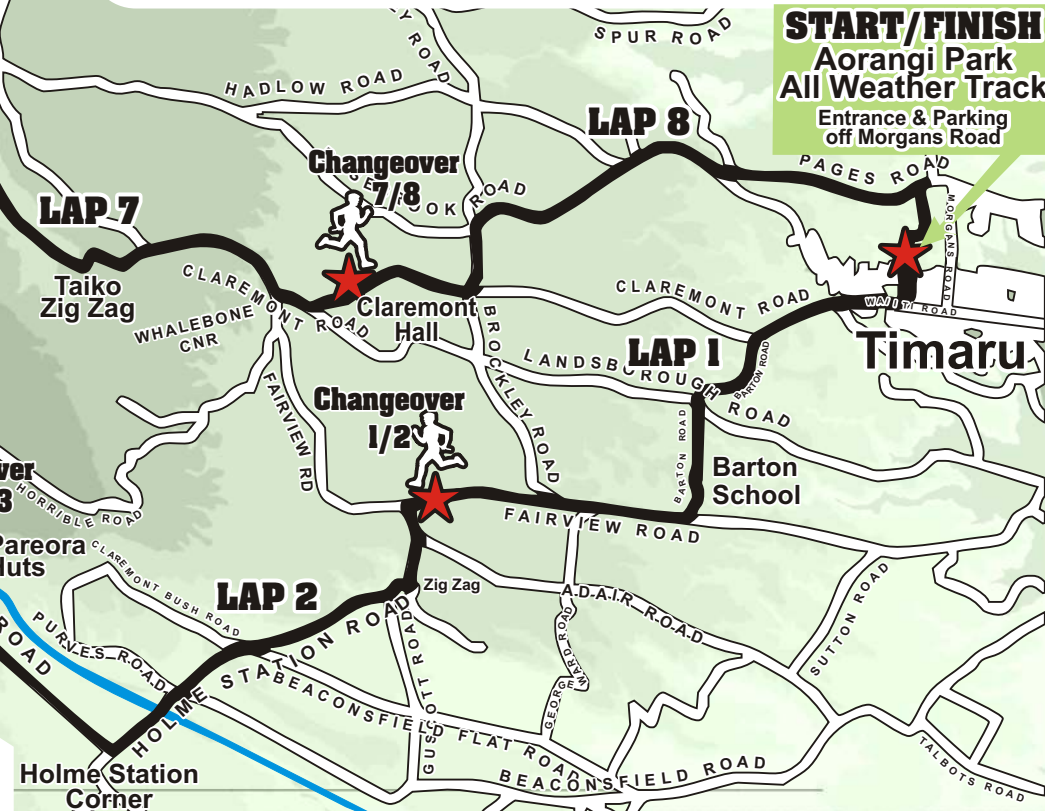
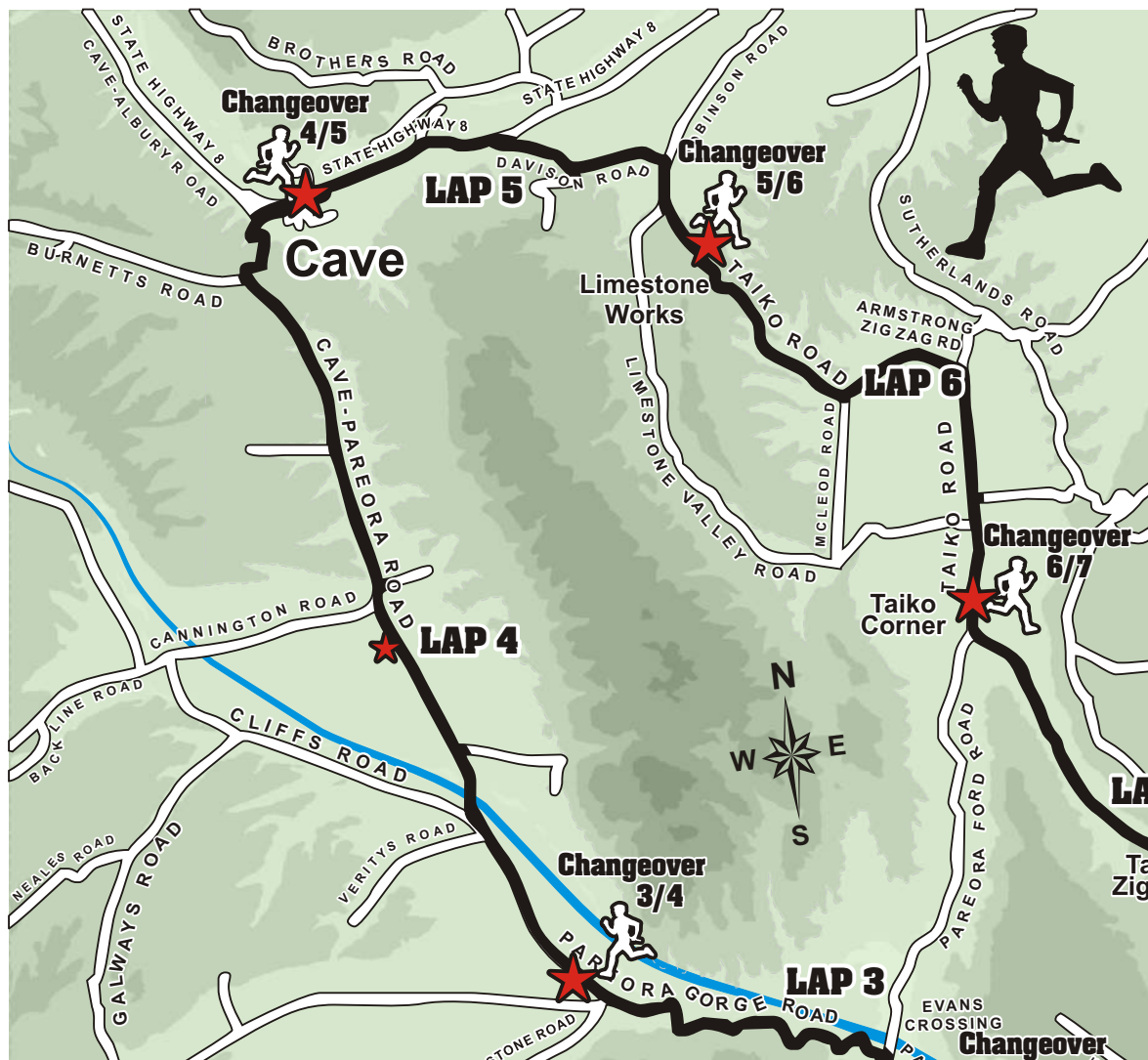
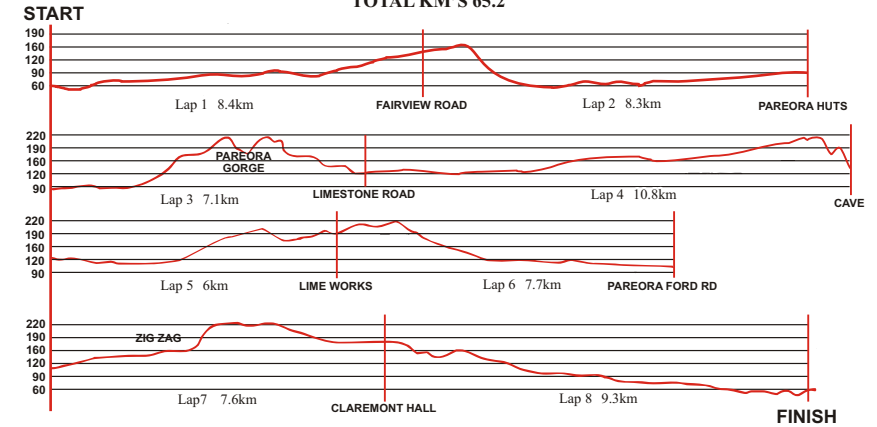


The Timaru ROUND THE GORGES RELAY

TOTAL KM'S 65.2



START/FINISH
Aorangi Park
All Weather Track
Entrance & Parking
off Morgans Road

TOTAL KM'S 65.2

SENIOR RELAY

- Lap 1 (8.4km) Starts All Weather Track, Aorangi Park, along Mountainview Road, past Reservoir & Barton School to 3km up Fairview Road [*Undulating uphill*]
- Lap 2 (8.3km) Starts 3 km up Fairview Road, down zig zag, past Holmes Station corner to just before Pareora Huts. [*Steep downhill, slightly undulating then slight gradual uphill*]
- Lap 3 (7.1km) Pareora Huts over Pareora Gorge, to just past Limestone Road [*2km of flat then steady climb with a steep downhill to finish on the flat*]
- Lap 4 (10.8km) Limestone Road to Cave [*Gradual uphill with a steep down hill into Cave*]
- Lap 5 (6km) Cave to SHW8 to Davidson Road to Limestone Works [*Slightly downhill then undulating for 2.9km*]
- Lap 6 (7.7km) Limestone Works to before Taiko Rd /Pareora Ford Rd cnr [*Uphill start, downhill, then flat for 3.3km*]
- Lap 7 (7.6km) Taiko Rd/Pareora Ford Rd Cnr to Claremont Hall [*Gradual uphill for 2km, then steep 1km hill climb, then downhill*]
- Lap 8 (9.3km) Claremont Hall to Aorangi Park All Weather Track via Mountainview Road [*Generally downhill, small rise, short but steep rise, undulating*]