

Mid-South Canterbury Harrier Management Committee

The 25th Timaru Round the Gorges Relay

Saturday 13th August 2011

Laps, Distance, Start Times and Entry Fees

Grade	Laps	Distance (km)	Start Time	Entry Fees
Senior Men	8	65.2	10:00am	\$120.00
Masters Men 40+	8	65.2	10:00am	\$120.00
Open Masters 50+	8	65.2	10:00am	\$120.00
Senior Women	8	65.2	10:00am	\$120.00
Masters Women 35+	8	65.2	10:00am	\$120.00
Men 19	6	41.4	12:00pm	\$90.00
Women 19	6	41.4	12:00pm	\$90.00

Please Note – There is an additional fee of \$10 per runner for non registered runners in the 8 person team. Men 19 & Women 19 is \$90 TOTAL

Start and Finish

The long course starts and finishes at the All Weather Track, Aorangi Park, Morgans Road.

The short course relay starts on Pareora Gorge Road just before Limestone Rd & finishes at The All Weather Track, Aorangi Park Morgans Road.

Maps: Maps of the course available on the website.

Accommodation

There is accommodation available in Timaru & Temuka.

Check out the accommodation on our website www.roundthegorges.co.nz

Entry Procedure

There are no limits on the number of teams that a club may enter. Entries are to be on the entry form provided showing the name, grade and estimated 10km time for each runner.

Entries

The senior race will be divided into A, B, C (and D & E if needed) grades

Gradings & start times will be available on www.roundthegorges.co.nz

THIS IS AN OPEN EVENT and is sanctioned for the entry of non registered runners

Transportation

We encourage 1 van per team to reduce traffic congestion at the lap change-overs. Check out transportation on our website.

Entry Fees Must Accompany Entries

Please send cheque payable to Timaru Round the Gorges Relay. All entry fees are non-transferable and non-refundable.

Closing Date

Entries must be received before midnight Monday 1st August 2011. Late entries may be accepted at the Organisers discretion.

Post Payment & Entries to:

Timaru Round the Gorges Relay

C/- Walter Hume

122 Brockley Rd

2 R D

TIMARU 7972

Enquiries to:

Walter Hume (03) 686-2970 email:- wh.hume@gmail.com web address: www.roundthegorges.co.nz

Race Packs: Available at All Weather Track on Saturday 13th August 2011

Prizegiving

Afternoon tea venue to be advised.

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- THE RACE:** **Seniors: 8 laps** The race starts at the All Weather Track, Aorangi Park & follows the traditional route Fairview, Holmes Station cnr, Pareora Gorge, Cave, Taiko Valley, Claremont, Gleniti, Pages Rd & finishes on All Weather Track - 65.2km
- Juniors: 6 laps** The race starts just through Pareora Gorge at Limestone Rd. & follows the senior route to Cave, Taiko Valley, Claremont, Gleniti, Pages Rd and finishes on All Weather Track - 41.4km
- START:** All Weather Track Aorangi Park, Timaru
- GRADES:** Open Men and Women, Masters Men 40+ and Masters Women 35+, Masters Men & Women 50+, Junior Men and Women 19 & under. *Minimum age - 14 years or over as at 31st December 2011. Junior Men or Junior Women teams must comprise of runners younger than 20 years of age as at 31st December 2011. Masters teams must comprise of Masters runners. Masters 50 teams must comprise of runners who are 50 years of age or over on race day. No male runner may compete in a Women's, Masters Women's or Junior Women's team. An Open Men's team may include any runner.*
- ENTRIES** The race will be divided into A, B, C and D grades plus E if necessary.
- THIS IS AN OPEN EVENT** sanctioned by Athletics NZ and is to be held under the "Rules of Athletics New Zealand"
- There is an additional fee of \$10 per runner for non registered runners in the 8 person teams.**
- ENTRY FORM:** An entry form will be on our website www.roundthegorges.co.nz
- ENTRIES CLOSE:** 1st August 2011 **LATE ENTRIES NOT ACCEPTED**
- All replacements of original team members by emergencies must be handed IN WRITING to the Race Handicapper 30 minutes before start time, and must include a full list of team members on their changed laps. Mixed teams may be entered but please include grades for race record purposes
- COST:** \$120.00 per team Seniors plus \$10 for each unregistered runner
 \$90.00 per team Juniors
- SUPPORT VEHICLES:** We encourage only 1 vehicle per team to display the yellow RACE card
- CONVENOR:** Walter Hume (03) 686 2970 wh.hume@gmail.com
- RACE RULES:** It is the responsibility of all competitors to be aware of all relevant race rules included in the programme book.
- RACE PACKS** Race packs available Saturday 13th August 2011 from 9am onwards at the All Weather Track

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ENTRY SUMMARY SHEET

Please photocopy for additional teams

Club

Team Manager

Phone **Mobile**

Email Address

Team Members

Lap	First Name	Surname	Grade	Est. 10k Time	Date of Birth	Reg. Number
1	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
2	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
3	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
4	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
5	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
6	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
7	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
8	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

(If entering a Junior - 6 person team, please fill in the first 6 laps)

Tick Applicable Box for this Team

Senior Men <input type="checkbox"/>	Masters Men 40-49 <input type="checkbox"/>	Open Masters 50+ <input type="checkbox"/>	M19 <input type="checkbox"/>
Senior Women <input type="checkbox"/>	Masters Women 35+ <input type="checkbox"/>		W19 <input type="checkbox"/>

TIMARU ROUND THE GORGES RELAY 2011

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ENTRY SUMMARY

PLEASE COMPLETE ONE FORM PER CLUB

CLUB

ENTRY SUMMARY

No. Teams @ \$120 Unregistered Runner Fees \$ Total \$

No. Teams @ \$90 Total \$

Total Entry Fees \$

Please Note – There is an additional fee of \$10 per runner for non registered runners in the 8 person teams

Club Waiver & Release Statement

We agree to comply with the rules, regulations and event instructions of the South Canterbury Harrier Management Committee

We waive and release any and all claims for injuries and damage we may have against the organisers, caused by the negligence of any of them arising out of our participation in the event including pre and post event activities.

We consent to receiving medical treatment which may be advisable in the event of illness or injury suffered during the course of the event.

We declare that we are eligible as athletes under 2006-07 IAAF Rules 20, 21 & 22 and are registered with Athletics NZ.

Team Manager's Signature

Date

Please make Cheques payable to - Timaru Round the Gorges Relay
C/- Walter Hume 122 Brockley Rd 2 R D TIMARU 7972

Payment can also be made by Internet Banking (Account 02-0892-0016234-00), please include your Club Name as a reference

Entries will also be accepted by Email – Please include Club Name; Runners Names (in running order), Grades, Estimated 10km Time, Date of Birth & Registration Number for each team member