

Mid-South Canterbury Harrier Management Committee

The 25th Timaru Round the Gorges Relay

Saturday 13th August 2011

- THE RACE:** **Seniors: 8 laps** The race starts at the All Weather Track, Aorangi Park & follows the traditional route Fairview, Holmes Station cnr, Pareora Gorge, Cave, Taiko Valley, Claremont, Gleniti, Pages Rd & finishes on All Weather Track - 65.2km
- Juniors: 6 laps** The race starts just through Pareora Gorge at Limestone Rd. & follows the senior route to Cave, Taiko Valley, Claremont, Gleniti, Pages Rd and finishes on All Weather Track - 41.4km
- START:** All Weather Track Aorangi Park, Timaru
- GRADES:** Open Men and Women, Masters Men 40+ and Masters Women 35+, Masters Men & Women 50+, Junior Men and Women 19 & under. *Minimum age - 14 years or over as at 31st December 2011. Junior Men or Junior Women teams must comprise of runners younger than 20 years of age as at 31st December 2011. Masters teams must comprise of Masters runners. Masters 50 teams must comprise of runners who are 50 years of age or over on race day. No male runner may compete in a Women's, Masters Women's or Junior Women's team. An Open Men's team may include any runner.*
- ENTRIES** The race will be divided into A, B, C and D grades plus E if necessary.
- THIS IS AN OPEN EVENT** sanctioned by Athletics NZ and is to be held under the "Rules of Athletics New Zealand"
- There is an additional fee of \$10 per runner for non registered runners in the 8 person team.**
- ENTRY FORM:** An entry form will be on our website www.roundthegorges.co.nz
- ENTRIES CLOSE:** 1st August 2011 **LATE ENTRIES NOT ACCEPTED**
- All replacements of original team members by emergencies must be handed IN WRITING to the Race Handicapper 30 minutes before start time, and must include a full list of team members on their changed laps. Mixed teams may be entered but please include grades for race record purposes
- COST:** \$120.00 per team Seniors plus \$10 for each unregistered runner
 \$90.00 per team Juniors
- SUPPORT VEHICLES:** We encourage only 1 vehicle per team to display the yellow RACE card
- CONVENOR:** Walter Hume (03) 686 2970 wh.hume@gmail.com
- RACE RULES:** It is the responsibility of all competitors to be aware of all relevant race rules included in the programme book.
- RACE PACKS** Race packs available Saturday 13th August 2011 from 9am onwards at the All Weather Track